

Lunch Menu

Ankeny Christian Academy September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 No School Labor Day	3 Meal: Pulled pork sandwich, baked beans, cole slaw, cinnamon apples, fruit roll up BK-4th Cold Entree: Pizza Munchable 5th-12th Cold Entree: Buffalo Chicken Wrap	4 Meal: Soft Shell beef tacos, Spanish rice, corn & black bean salad, pineapple & Mandarin oranges BK-4th Cold Entree: Pizza Munchable 5th-12th Cold Entree: Buffalo Chicken Wrap	5 Meal: Mozzarella sticks w/marinara, Savory carrots, mixed veggies w/ranch, banana BK-4th Cold Entree: Pizza Munchable 5th-12th Cold Entree: Buffalo Chicken Wrap	6 Chick-fil-A Chick-fil-A Sandwich, chips, baby carrots w/ranch, applesauce	7
8	9 Meal: Boneless chicken wings w/ranch, corn, Caesar salad, apple slices BK-4th Cold Entree: PB & J Pack (uncrustable w/string cheese) 5th-12th Cold Entree: Chicken salad croissant	10 Meal: Pork tenderloin sandwich, sweet potato fries, pasta salad, peaches, cookie BK-4th Cold Entree: PB & J Pack (uncrustable w/string cheese) 5th-12th Cold Entree: Chicken salad croissant	11 Meal: Mac and cheese, steamed peas, garden salad w/ranch, fruit salad BK-4th Cold Entree: PB & J Pack (uncrustable w/string cheese) 5th-12th Cold Entree: Chicken salad croissant	12 Meal: Chicken & cheese quesadilla, steamed broccoli, fresh veggies w/ranch, applesauce BK-4th Cold Entree: PB & J Pack (uncrustable w/string cheese) 5th-12th Cold Entree: Chicken salad croissant	13 Pizza Pizza, baby carrots w/ranch, applesauce Gluten free and dairy free options available Ice Cream \$1	14
15	16 Meal: Walking taco, refried beans, lettuce, tomato, salsa, sour cream, and orange slices BK-4th Cold Entree: Lunchable: Cubed Ham, cheese, and crackers 5th-12th Cold Entree- Chef Salad	17 Meal: Hot smoked ham and cheese sandwich, steamed broccoli & cauliflower, applesauce, cottage cheese, and brownie BK-4th Cold Entree: Lunchable: Cubed Ham, cheese, and crackers 5th-12th Cold Entree- Chef Salad	18 Meal: Cavatelli, garlic breadstick, garden salad, mixed tropical fruit BK-4th Cold Entree: Lunchable: Cubed Ham, cheese, and crackers 5th-12th Cold Entree- Chef Salad	19 Meal: Scrambled eggs w/ bacon, cinnamon rolls, fresh veggies w/ranch, diced pears BK-4th Cold Entree: Lunchable: Cubed Ham, cheese, and crackers 5th-12th Cold Entree- Chef Salad	20 Pizza Pizza, baby carrots w/ranch, applesauce Gluten free and dairy free options available	21
22	23 Meal: Cheeseburger, green beans w/bacon, cucumber w/ranch, fruit cocktail BK-4th Cold Entree: Pizza Munchable 5th-12th Cold Entree: Buffalo Chicken Wrap	24 Meal: Pulled pork sandwich, baked beans, cole slaw, cinnamon apples, fruit roll up BK-4th Cold Entree: Pizza Munchable 5th-12th Cold Entree: Buffalo Chicken Wrap	25 Meal: Soft Shell beef tacos, Spanish rice, corn & black bean salad, pineapple & Mandarin oranges BK-4th Cold Entree: Pizza Munchable 5th-12th Cold Entree: Buffalo Chicken Wrap	26 Meal: Mozzarella sticks w/marinara, savory carrots, mixed veggies w/ranch, banana BK-4th Cold Entree: Pizza Munchable 5th-12th Cold Entree: Buffalo Chicken Wrap	27 Pizza Pizza, baby carrots w/ranch, applesauce Gluten free and dairy free options available	28
29	30 Meal: Boneless chicken wings w/ranch, corn, Caesar salad, apple slices BK-4th Cold Entree: PB & J Pack (uncrustable w/string cheese) 5th-12th Cold Entree: Chicken salad croissant					